

## Informed Consent for Telehealth Services

There are potential benefits and risks of videoconferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.

Confidentiality still applies for telehealth services. You, I, nor anybody else will record the session without permission from all parties.

You agree to use the DOXY.ME platform for our virtual sessions and understand you will need to use a webcam or smartphone during the session.

It is important to be in a quiet, private space that is free from distractions including cell phone or other devices during the session.

It is important to use a secure internet connection rather than public/free WiFi.

It is important to be on time. If you need to cancel or change your telehealth session you must notify me within 24 hours.

We need a back-up plan (e.g. phone number where you can be reached) to restart the session or reschedule in event we experience technical problems.

If you are not an adult your parent or legal guardian must authorize use of telehealth sessions.

We need a safety plan that includes at least one emergency contact and the closest emergency room to your location, in the event of a crisis situation.

**You should confirm with your insurance company telehealth sessions will be reimbursed; if they are not reimbursed, you will be responsible for full payment.**

As your counselor, I may determine telehealth is no longer appropriate and we should resume our sessions in-person.

Cia Flodin M.Ed. LMHC PLLC  
1030 N. Center Parkway Suite 316  
Kennewick, WA 99338  
509-845-0366

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_